



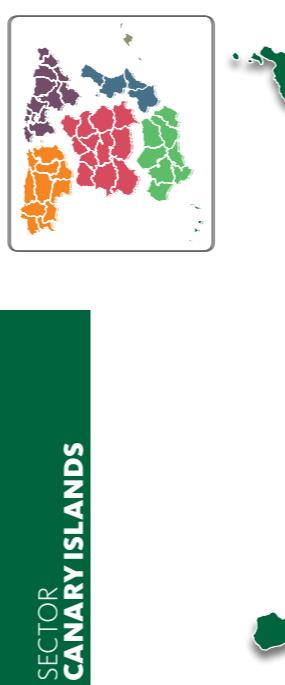
EL HIERRO PATHS OF TRADITION

NATURE TRAIL



The landscapes of El Hierro also preserve important vestiges throughout the island, including the evolution of the different ecosystems, and, in order to ensure their preservation, the Environment's Nature Trails Program aims to restore these routes and trails and traditional routes, for public use and enjoyment. We invite you to visit them and offer you the keys to enjoy the beauty of the unique cultural landscape of our country.

Since 1993 the Ministry for Agriculture, Food and Environment transport infrastructures such as railway tracks, cattle drives, and beauty of our precious natural heritage, and a brief description of the Traditional paths of El Hierro Nature Trail and the measures taken by the Government to leave everything as you found it. The most of this experience. We only ask one thing of you: do not forget to leave everything as you found it. The conservation of these pathways is also your responsibility.



CANARY ISLANDS

SECTOR NATURE TRAIL TRADITIONAL PATHS OF EL HIERRO

This Trail takes advantage of some of those traditional roads and paths, incorporating them into two main large distance trails: GR-131, that crosses the island in the middle from north to south, and a circular trail that rounds the entire perimeter of the island.

GR-131 TRAIL

GR1. The first stretch of the track begins in the north area of the island, in the small village of Tamaduste, and ends in Estaca, located within the municipality of Valverde.

GR2. In its third section, trail GR-131, which is popularly known as Camino de la Virgen (Path of the Virgin) follows in the footsteps of the pilgrims who take the image of the Virgin, from Villa de Valverde, back to La Dehesa, where the shrine of the Virgin is located.

GR3. In its third section, trail GR-131, which is popularly known as Camino de la Virgen (Path of the Virgin) follows in the footsteps of the pilgrims who take the image of the Virgin, from Villa de Valverde, back to La Dehesa, where the shrine of the Virgin is located.

GR4. In its last section, the trail leaves the inland region and heads for the seaside where it forks to reach the lighthouse at Orchilla, on one side, and to the westernmost point of the island, which was the Prime Meridian until it was replaced by the Greenwich Meridian, on the other.

SENDERO CIRCULAR

The circular trail around the island of El Hierro runs through the so-called "traditional paths" of the island, which were used in ancient times

for the population to move from one point of the island to another. The trail is divided into 15 sections, during more than 100 kilometres of the trail, and runs through different natural protected areas.

C1. SECTIONS 1 & 2. Starting at Verodal, the circular trail goes along the Rural Park of Frontera, leaving behind the astonishing scenery of El Lajal, and entering El Sabinar (a juniper forest). From this iconic scenery, the trail goes through green meadows until it reaches Mirador de Bascos (Bascos Viewpoint), with amazing views over the Valle de El Golfo (El Golfo Valley), and then descends gently and joins the popular Camino de la Virgen (Road of the Virgin) headed for the shrine of the patron Virgin of El Hierro.

C2. SECTION 3. The path follows a track used by shepherds to reach the grazing fields on which their cattle feed in La Dehesa, the trail goes down the hillside of El Julán and through the valley of the same name until it comes to the municipality of El Pinal, which is reached after visiting the Visitor's Center at the Parque Cultural de El Julán (El Julán Cultural Park) and its important archeological site.

C3. SECTIONS 4 & 5. From the small cove of Tacorón, the trail rises above the Reserva Marina Punta de la Restinga – Mar de las Calmas (Marine Reserve Punta de la Restinga – Sea of Calm) to continue in the vicinity of the mountains of El Julán until reaching the small village of Tabique. Continuing the trail, the path goes between Tabique and Las Casas to reach the top of the Monumento Natural de Las Playas (Las Playas Natural Monument) from where we begin to work our way down until we come to the east coast of the island, where we see the well-known Roque de la Bonanza.

C4. SECTION 6. From Parador Nacional of El Hierro, the trail ascends along the right side of the ravine of Abra and across the National Monument Las Playas following a route that climbs the steep walls separating Bonanza beach from the village of Isora.

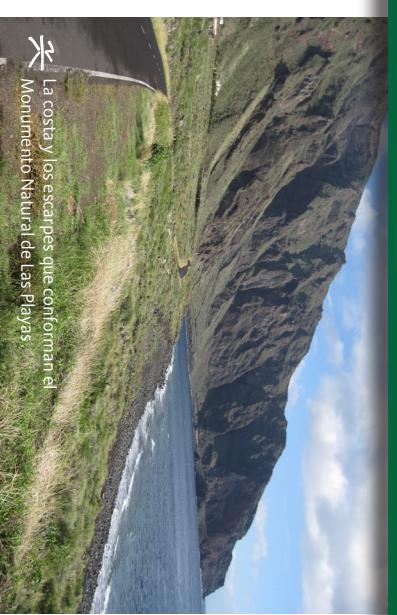
C5. SECTION 7. After leaving the village of Isora in the direction of Los Llanos, the trail goes between farms and grasslands until it reaches the summit of the cliff of Timijaque, from which it descends along a steep slope toward the sea promenade of Puerto de La Estaca. The trail continues toward Valverde, and then descends towards La Caleta.

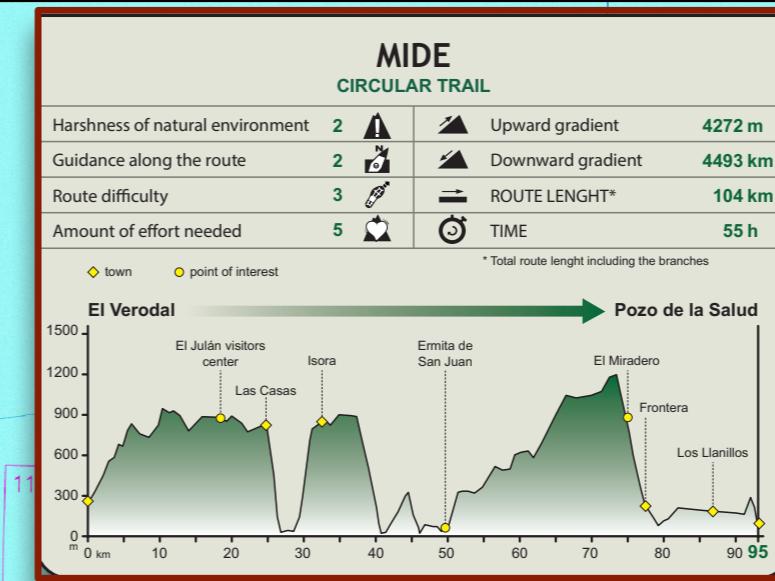
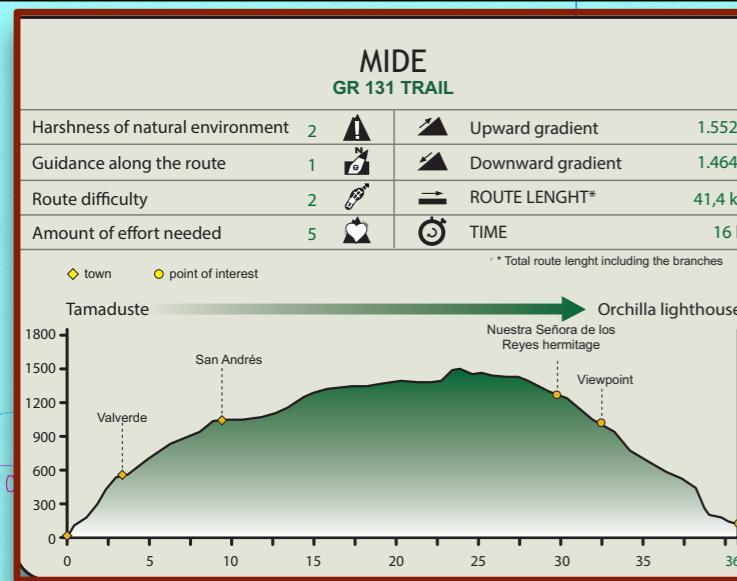
C6. SECTIONS 8, 9 & 10. From the seawater pools of the coastal village of La Caleta the circular path heads out to the village of Tamaduste, running parallel to the runway of the Los Canjarejos airport. The trail goes around Montaña de la Candia (Candia Mountain) and ends in Echedo, located in an important wine growing region.

C7. SECTIONS 11 & 12. The next section goes along pastures and crop lands in the vicinity of Jarales, through the village of El Mocanal, towards the shrine of the Virgen de la Peña (Virgin of the Rock). Then the trail goes into the green meadows on the plateau of Nisfade and rises to the viewpoint of Jinama, a privileged vantage point overlooking the spectacular scenery of Valle de El Golfo.

C8. SECTIONS 13 & 14. This section starts along the Camino de Jinama (Jinama Road), an ancient livestock migratory route. The trail runs through the fertile plains of Valle de El Golfo, where a great variety of exotic fruits are grown, passes through the municipality of Frontera and goes near some very interesting places, such as the Guinea Ecomuseum and the center for the rescue of the giant lizard of El Hierro.

C9. SECTION 15. From the picturesque houses of Sabinosa, the Nature Trail ends at Pozo de la Salud (Healing Well), along the coastline a place renowned for the healing properties of its waters that has become one of the most visited tourist resorts on El Hierro.





SECTOR
CANARY ISLANDS



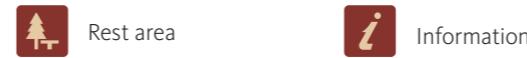
CAMINO NATURAL **TRADITIONAL PATHS OF EL HIERRO**



Rest area

Religious building

Lodging



Information

Feature of environmental interest

Viewpoint

Town



Unión Europea
Fondo Europeo de Desarrollo Rural



Gobierno de España



MINISTERIO
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