#### ISLANDS CANARY NATURE TRAII



# NATURE TRAILS IN THE CANARY ISLANDS

in fact, a network of 13 smaller trials. Blanca Nature Trail in Lanzarote (still to be recognised), and the Fuerteventura Nature Trail. This last trail includes, Trail (GR-132). Besides, there are six Nature Trails which are included in the GR-131 footpath; El Bastón (GR-131), in the island of La Palma, included in La Palma Nature Trail; in the Traditional Paths of El Hierro Nature Trail, GR-131, the Cumbres de la Gomera Nature Trail, the Órzola-Playa through the Canary Islands are briefly described. Two types of trails may be distinguished: circle trails and trails (GR-130); the Circle Route along Traditional Paths of El all islands. The circle routes are: La Palma Nature Trail island of La Palma, included in La Palma Nature Trail; Anaga-Chasna Nature Trail in Tenerife; the GR 131 Path Nature Trail, and the La Gomera Coastline Nature following pages, the 7 Nature Trails running the Canary Islands are briefly described. Two ty along the GR-131 footpath which aims to connect

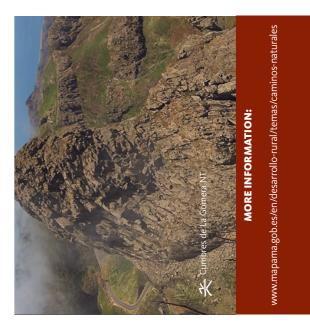
#### La Palma (Province of Tenerife).

The Nature Trail that runs across the island of La Palma (Biosphere Reserve since 1983) is composed by two main paths GR-130 and GR-131. The fist of them is a circle rou-Real de la Costa (Royal Coastline Road) or Camino Real de Medianías (Royal Ravine Road). The second path is te of 159 km which runs along the old roads used to go from one village to another, and is called the Camino the Caldera de Tarburiente National Park. 86.9 km long and was born from the union of the Volcano Route and the Peak Route, which runs along the peaks of

### Anaga-Chasna (Province of Tenerife).

The Anaga-Chasna Nature Trail, 85.7 km long, runs along





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and offer you the keys to enjoy the trip. We only ask one thing of you: do not forget to leave everything as you found it. The conservation of these pathways is also your We invite you to visit the Nature Trails in the Canary Islands

These routes take us to the countryside to discover the biodiversity and beauty of our precious natural heritage, and discover the villages, sights, traditions and people that are part of the unique cultural landscape of our country.

Since 1993 the Ministry for Agriculture and Fisheries, Food and the Environment's Nature Trails Program aims to restore former transport infrastructures such as railway tracks, cattle trails and traditional routes, for public use and enjoyment.

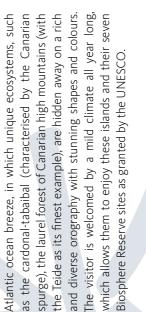
a beautiful landscape that crosses the woodland and peaks of the island of Tenerife. During the walk, the traveller may admire the marked contrasts of the Tenerife landscape, from the lush vegetation of the Macizo de Anaga (granted Biosphere Reserve status in 2015) to the whismical shapes of volcanic rock, over which looms the Teide, at 3,718 m the

# Traditional Paths of El Hierro (Province of Tenerife).

This Nature Trail across the El Hierro island, Biosphere Reserve since 2000, is formed by two trails. The first one is a 104 km long Circle Route, which consists of 15 stages and runs along the so-called "traditional paths" of the islands, among woods, crops and ravines, and on which the walker will find viewpoints, volcanic areas and juniper trees. The second one is the 42 km GR-131 path crosses the centre of the island its first stage coincides with the Camino de la Virgen, in ancient times the island's main road and backbone

## Fuerteventura (Province of Gran Canaria).

short trails (97 km in total) which run, among other sites, by the volcanic cone of Tindaya. nature; in fact, the whole island was declared a Biosphere Reserve by the Unesco in 2009. This trail is completed by 13 rrom IsIa de Lobos to Punta de Jandia, the GR-131 runs 153 km characterised by the marked diversity of Fuerteventura's From Isla de Lobos to Punta de Jandía, the GR-131 runs



UNIQUE 4 GEOLOGY, MAGICAL **BIODIVERSITY**  Volcanic islands, caressed by the trade winds and the



# Cumbres de La Gomera (Province of Tenerife).

the GR-131 footpath. The traveller may enjoy the distinctive ve vegetation of the island when crossing the Garajonay Natural Park, and the changing orography of the island, which is scattered with lone rocks in whismical shapes and deep ravines. Almost the entire layout of this 44.1 km trails coincides with

## La Gomera Coastal (Province of Tenerife).

this trail, the traveller will enjoy the stunning landscape if this island (declared Biosphere Reserve in 2012), criss-cros Inis Nature Trail runs along the CR-132 footpath. When walking land coincides with the GR-132 footpath. When walking landscape if sed by deep ravines and high cliffs. This Nature Trail runs along the coast of the La Gomera

# Órzola-Playa Blanca (Province of Gran Canaria).

ller may enjoy the beauty of this island declared Biosphere Reserve by UNESCO in 1993, and more than 40% of the surface if which belongs to the Canarian Network of Protected This trail, 72.6 km long, crosses the volcanic island Lanzarote in a northeast-southwest direction, so the traveof





